

WEEKLY STATUS REPORT

I. Weather Report (1-10)

Head _____ Health _____ Heart _____

II. Ongoing Issues

A. What has accomplished since last week? (Wins) _____

B. What did not get done? _____

C. What are your current challenges? _____

D. What are your current opportunities? _____

E. On what areas would you like specific coaching? _____

F. What are your commitments/goals for the week? _____

WEEKLY STATUS REPORT CONT'D...

III. Top 6 Priorities for this Week

Circle Your Progress

- | | |
|----------|----------------|
| 1. _____ | 1 2 3 4 5 Done |
| 2. _____ | 1 2 3 4 5 Done |
| 3. _____ | 1 2 3 4 5 Done |
| 4. _____ | 1 2 3 4 5 Done |
| 5. _____ | 1 2 3 4 5 Done |
| 6. _____ | 1 2 3 4 5 Done |

IV. Rewards for this Week

Date

- | | |
|----------|-------|
| 1. _____ | _____ |
| 2. _____ | _____ |
| 3. _____ | _____ |